

According to Professor Seligman's history of psychology, around 1500 AD individuals started to acquire a new (sense of) Self, the Self as "Change Agent" which he's labeled as the "Agentic Self". Today, for the purpose of practicing psychology with business clients I'll use the term, *Change-Agent: someone who enables change and develops its impact within businesses at the individual, group and/or organizational levels*

My Workplace-informed, Cognitive-Psychologist viewpoint is that successful Change Agents will be those who put together (synthesize) mindful and salient things including:

- Supreme Confidence in Your Self;
- Sincere Passion (Desire) for the things you want in life; and
- Achievable Plans for reaching Unimaginably Creative Goals.

These three factors are the heart of Paul J. Meyer's "***Million Dollar Personal Success Plan***" which he published over 55 years ago. As it was then, so too is it true now: The trick is to learn the advanced chemistry of *psychological synthesis* that will turn these and other separate factors into a "cohesive gestalt whole".

